

UNITED WE EXPAND
OUR HORIZONS

EDM HK

4TH Annual Meeting

ENDOCRINOLOGY, DIABETES & METABOLISM HONG KONG

HYBRID MEETING

30 - 31 OCT 2021



HKU
Med



瑪麗醫院
QUEEN MARY HOSPITAL



K. K. LEUNG DIABETES CENTRE
瑪麗醫院
Queen Mary Hospital
葉錫珪糖尿病中心



STEOPOROSIS
CENTRE 骨質疏鬆中心

INVITATION FROM THE ORGANIZING COMMITTEE



Dear colleagues,

It is our great pleasure to invite you all to join the first ever hybrid annual meeting of Endocrinology, Diabetes & Metabolism Hong Kong (EDM HK) jointly organized by the Department of Medicine, The University of Hong Kong, KK Leung Diabetes Centre and Osteoporosis Centre of Queen Mary Hospital.

This event provides a platform for practicing clinicians to share the most updated information and knowledge on endocrine diseases, including diabetes, osteoporosis, thyroid, and other metabolic disorders. Last year, almost 900 health care professionals registered at our meeting and all participants shared a wonderful learning experience.

We look forward to seeing you in October!

Stay healthy and safe!

Dr. Alan CH Lee & Dr. Paul CH Lee
Co-chairmen, EDM HK 2021

ORGANIZING COMMITTEE

Co-chairmen

Dr. Alan CH Lee

Dr. Paul CH Lee

Members

Prof. Karen SL Lam

Dr. WS Chow

Dr. TP Ip

Dr. Eunice KH Leung

Dr. Chariene SL Woo

Ms. Karen KC Wong

Ms. SK Leung

Prof. Kathryn CB Tan

Dr. YC Woo

Dr. David TW Lui

Dr. Johnny YC Chang

Dr. Lawrence CK Tang

Ms. Amy SW Yee

Ms. Connie HN Loong



HIGHLIGHTS

- Advances in Obesity Care
- Cushing's Syndrome
- Diabetic Complications
- Endocrine Radiology and Neoplasia
- Primary Aldosteronism
- Collaboration between Nephrologists and Endocrinologists
- Cross-specialty Management of Endocrine Disorders
- Disorders of Sex Development
- Hypothyroidism and Spontaneous Hypoglycemia
- Reproductive Endocrinology

PROGRAM 30 OCT 2021 (SATURDAY)

Time	Session										
10:00 – 11:30	Public Lectures Public Lecture (1): Foot care in diabetes patients (糖尿病人足部護理小百科) Ms. Cynthia Leung (Hong Kong) Public Lecture (2): Relationship between menstrual disturbance and endocrine disorders (經期與內分泌失調) Dr. Eunice Leung (Hong Kong) Public Lecture (3): Diet tips for people with diabetes, hypertension, hyperlipidemia and obesity (三高肥胖食乜好?) Ms. Flavia U (Hong Kong)										
13:00 – 13:50	Sponsored Lecture (1): New era of SGLT2i - looking beyond the A1c in Cardio-Renal disease management Professor Paola Fioretto (Italy) Q&A										
13:50 – 14:00	Opening Ceremony										
14:00 – 14:40	Sponsored Lecture (2)										
14:40 – 15:40	Symposium (1): Diabetic Complications Diabetic eye disease Professor WC Lam (Hong Kong) Diabetic neuropathy Dr. Jacky Lee (Hong Kong) Q&A										
15:40 – 16:00	Break										
16:00 – 16:45	Sponsored Lecture (3): Overcoming the therapeutic inertia in T2DM: protecting patients from outcomes with SGLT2 inhibitors Professor Melanie Davies (UK) Q&A										
16:45 – 18:00	<table border="1"> <thead> <tr> <th>Symposium (2A): Disorders of Sex Development</th> <th>Symposium (2B): Advances in Obesity Care</th> </tr> </thead> <tbody> <tr> <td> Practical approach to undervirilized male in the genetic era Dr. Samantha Lee (Hong Kong) </td> <td> Update on pharmacotherapy of obesity Dr. Michele Yuen (Hong Kong) </td> </tr> <tr> <td> Surgery in children affected by 45,X/46,XY mosaicism Dr. YH Tam (Hong Kong) </td> <td> Metabolic surgery – choosing the right procedure for obese patients Dr. Fion Chan (Hong Kong) </td> </tr> <tr> <td>Case sharing</td> <td>Case sharing</td> </tr> <tr> <td>Q&A</td> <td>Q&A</td> </tr> </tbody> </table>	Symposium (2A): Disorders of Sex Development	Symposium (2B): Advances in Obesity Care	Practical approach to undervirilized male in the genetic era Dr. Samantha Lee (Hong Kong)	Update on pharmacotherapy of obesity Dr. Michele Yuen (Hong Kong)	Surgery in children affected by 45,X/46,XY mosaicism Dr. YH Tam (Hong Kong)	Metabolic surgery – choosing the right procedure for obese patients Dr. Fion Chan (Hong Kong)	Case sharing	Case sharing	Q&A	Q&A
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* Program is subject to change without prior notice. Please refer to our website <https://medic.hku.hk/en/Knowledge-Exchange/EDM-HK> or scan the QR code for the latest updates.

PROGRAM 31 OCT 2021 (SUNDAY)

Time	Session	
09:00 – 10:00	Symposium (3A): Reproductive Endocrinology	Symposium (3B): Running Out of Essential Elements
	Fertility preservation and management of infertility in cancer survivors Dr. Jacqueline Chung (Hong Kong)	Update on hypothyroidism Dr. Annette Tso (Hong Kong)
	Hyperprolactinaemia & prolactinoma Dr. KK Lee (Hong Kong)	Spontaneous hypoglycemia: evaluation and management Dr. Risa Ozaki (Hong Kong)
	Q&A	Q&A
10:00 – 10:45	Sponsored Lecture (4)	
10:45 – 10:55	Break	
10:55 – 11:35	Plenary Lecture (1): Update on primary aldosteronism Professor Michael Stowasser (Australia)	
	Q&A	
11:35 – 12:25	Sponsored Lecture (5)	
12:25 – 13:25	Lunch break	
13:25 – 14:10	Sponsored Lecture (6)	
14:10 – 14:50	Sponsored Lecture (7)	
14:50 – 15:50	Symposium (4A): Cross-specialty Management of Endocrine Disorders	Symposium (4B): Endocrine Radiology and Neoplasia
	Transgender medicine – what endocrinologists need to know Dr. Tiffany Yau (Hong Kong)	Application of nuclear medicine in endocrinology Dr. William Cheung (Hong Kong)
	Endocrine toxicity of cancer immunotherapy Dr. David Lui (Hong Kong)	Multiple endocrine neoplasia Dr. Paul Lee (Hong Kong)
	Q&A	Q&A
15:50 – 16:00	Break	
16:00 – 16:40	Plenary Lecture (2): Cushing's syndrome: diagnostic pitfalls and therapeutic advances Professor Ashley Grossman (UK)	
	Q&A	
16:40 – 17:40	Symposium (5): Nephrologists and Endocrinologists Are Good Friends!	
	Endocrine conundrum: a nephrologist's perspective Dr. Gary Chan (Hong Kong)	
	Crash course on hypophosphataemic disorders Dr. Alan Lee (Hong Kong)	
	Q&A	
17:40 – 17:50	Closing Remarks	

MEETING INFORMATION

Date

30 – 31 Oct 2021 (Sat – Sun)

Venue

S400, Phase 1 (Old Wing), Hong Kong Convention and Exhibition Centre
1 Expo Drive, Wan Chai, Hong Kong

Format

EDM HK 2021 will be a hybrid meeting.

If you wish to attend physically, please tick the appropriate boxes on the registration form. We shall update you the availabilities at a later stage.

Who Should Attend

All local and overseas general practitioners, specialists, nurses and healthcare providers with active involvement in the management of endocrine disorders are welcome.

Accreditations

Applications of CME and CNE accreditations for local delegates are in progress.

Registration Fee

Category	Doctor	Nurse / Allied Health Professional / Others
<u>Early Bird Rate</u> (Until 31 Aug)	HK\$1,400	HK\$700
<u>Regular Rate</u> (1 Sep – 15 Oct)	HK\$1,800	HK\$900

Enquiry

EDM HK 2021 Meeting Secretariat

37/F., Citicorp Centre, 18 Whitfield Road, Causeway Bay, Hong Kong

T: (852) 2155 8557 F: (852) 2559 6910 E: meeting.hk@mims.com

We accept paper and online registrations.

However, you are encouraged to register online. For more information, please go to our website <https://medic.hku.hk/en/Knowledge-Exchange/EDM-HK> or **scan the QR code**

Confirmation email will be sent to you upon successful registration.



REGISTRATION FORM



You are encouraged to register online.

Go to our website <https://medic.hku.hk/en/Knowledge-Exchange/EDM-HK> or scan the QR code for further information.

Title: Prof. Dr. Mr. Ms. Mrs. (please ✓ as appropriate)

Profession: Doctor Nurse Allied Health: _____ Others: _____

Last Name: _____ **First Name:** _____

Job Title: _____

Department: _____

Institution: _____

Mailing Address: _____

Mobile Number: _____ **Email:** _____

CME/CNE Accreditations: (please ✓ as appropriate)

- | | |
|---|---|
| <input type="checkbox"/> Hong Kong College of Community Medicine | <input type="checkbox"/> The Hong Kong College of Family Physicians
(HKCFP No.: _____) |
| <input type="checkbox"/> The Hong Kong College of Obstetricians and Gynaecologists | <input type="checkbox"/> Hong Kong College of Orthopaedic Surgeons |
| <input type="checkbox"/> The College of Ophthalmologists of Hong Kong | <input type="checkbox"/> Hong Kong College of Paediatricians |
| <input type="checkbox"/> The Hong Kong College of Pathologists | <input type="checkbox"/> Hong Kong College of Physicians |
| <input type="checkbox"/> Hong Kong College of Radiologists | <input type="checkbox"/> The College of Surgeons of Hong Kong |
| <input type="checkbox"/> MCHK Programme (MCHK Reg. No.: _____)
(for non-specialist) (HKMA Member No.: _____) (HKDU Member No.: _____)
(HKAM: Y / N) (DH: Y / N) | |
| <input type="checkbox"/> CNE (HA Hong Kong West Cluster) | <input type="checkbox"/> Not applicable |

Attendance Preferences:

If you wish to attend physically, please ✓ as appropriate. We will update you the availabilities at a later stage.

30 Oct (Sat) Physical Meeting 31 Oct (Sun) Physical Meeting

Registration Fee:

Early Bird Rate Doctor ···· HK\$1,400 | Nurse / Allied Health Professional / Others ···· HK\$700
(Until 31 Aug)

Regular Rate Doctor ···· HK\$1,800 | Nurse / Allied Health Professional / Others ···· HK\$900
(1 Sep – 15 Oct)

- * All registration fees paid are non-refundable.
- * Registration will be closed on 15 Oct 2021.

Please complete this form and return with a crossed cheque of appropriate registration fee payable to "The University of Hong Kong" to the Meeting Secretariat:

EDM HK 2021 Meeting Secretariat: MIMS (Hong Kong) Ltd.
37/F., Citicorp Centre, 18 Whitfield Road, Causeway Bay, Hong Kong